Happy Campers

Dear Parents/Guardians,

Welcome to the Happy Campers multi-activity camp. We offer a fun packed week of sports, arts/crafts and more! Sports activities will include basketball, unihoc, orienteering, obstacle courses and skittles to name but a few. *Opening times have now been extended! The camp contact hours are 9am to 2pm daily.* Indoor activities will centre around arts and crafts, make and do and construction activities.

The emphasis in our camp is on taking part and having fun. Our daily programme is designed to ensure excitement, fun and variety in each day. We are proud to present the Happy Campers multi-activity camp and endeavour to offer your child a very worthwhile experience. Below is a useful guide that will give you some more information about Happy Campers camp at Citywest and Saggart CNS.

Yours sincerely,

David Kinsella

1 <u>Timetable:</u>

9:00-9:15am	Assembly, roll call and daily outline (15 minutes)
9:15-10:00am	Activity 1 (45 minutes)
10:00-10:45am	Activity 2 (45 minutes)
10:45-11:15am	Small break (30 minutes)
11:15-12:00pm	Activity 3 (45 minutes)
12:00-12:45pm	Big Break (45 minutes)
12:45-1:45pm	Activity 4 (60 Minutes)
1:45-2:00pm	End of day review and dismissal (15 minutes)

2 Dates and times:

The camp will run from Monday 2rd July to Friday 6th July 2018. **The camp starts at 9:00am** and finishes at 2:00pm daily.

3 <u>Registration and Group Organisation:</u>

Registration will take place on the first morning of the camp at 9:00am. Each child will be allocated a group for the week. Children will grouped according to their age. Following registration, group rolls will be taken and our camp leaders will welcome the children. It is our aim that activities will commence no later than 9:15am daily.

4 Lunch:

There will be two breaks each day and opportunities to drink after each activity. As the children may be more active than usual it is essential that they are taking enough fluids and fuel on board. They will need to bring a packed lunch and 2-3 non fizzy drinks. One treat is allowed on the last day of the camp. Nuts are <u>not</u> permitted at the camp. Lunch breaks will be fully supervised by our camp leaders.

5 **Toileting:**

Children will be sent in pairs to the bathroom should they need to go. Our camp leaders will have a change of clothing should a toileting accident occur. You will be informed in the event of this.

6 Weather:

In warm weather: ensure your child has plenty of drinks, a sun hat and apply sun protection cream. Camp leaders will not be reapplying sun creams. In inclement weather: ensure your child wears appropriate rain wear to camp.

7 <u>Clothing & Footwear:</u>

Children should dress appropriately for the day. They may wear tracksuit bottoms, shorts and tshirts. They should also pack a light sweater/rain jacket in case they get cold at any point during the day and wish to add an extra layer. All children should wear runners to the camp each day.

8 Commuting to the camp:

Children and their parents/guardians are encouraged to be active in their commute to the camp each day. They may use their bicycle, scooter or simply walk! They may lock their wheels to the bicycle rail. We understand that some commutes are longer than others, so where possible drive half way and walk the rest!

9 Lost Property:

Each evening any lost property will be displayed at the collection point. Please ensure that all your child's belongings are labelled.

10 Dropping off your child:

Children should be dropped off by a parent or guardian each morning to the external double doors at Room 1 where they will be met by their camp leader. Supervision before this time will not be possible as the camp leaders will be setting up the day's activities.

11 Collecting your child:

Camp ends at 2:00pm. Children may be collected from the external double doors at Room 1. Please inform the camp leaders if you are going to be late or if a guardian will be collecting your child. Camp leader contact details are at the bottom of this document.

Children are automatically enrolled for a full day 9:00am – 2:00pm. However if you wish, you may collect your child earlier by prior arrangement with a camp leader

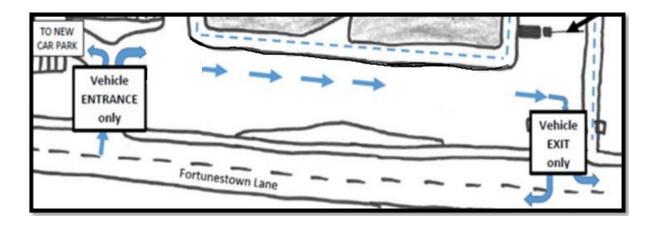
12 Photographs/Video:

Photographs and videos may be taken at the camp by the camp leaders for promotional reasons. If you do not wish for your children to be part of any videos or photographs please inform the camp leaders.

13 Parking:

Parking is permitted within the school grounds as per the school term. No cars are permitted past the black arrow (see picture below). The staff carpark will be sectioned off at the zebra crossing for the purposes of the camp. Parents/Guardians are advised to park in the bottom car park

furthest from the school due to parking restrictions. Please note the drop off service will not be in operation.



14 <u>Communication with camp leaders:</u>

Camp leaders are available to talk to you regarding any concerns or issues you may have about your child, no matter how small or big these might be. You may speak to them at the end of each day, once the rest of the children have gone. You may also contact them via phone or email outside of camp times. Please see contact details below.

15 First aid:

The camp leaders have access to a range of first aid medical equipment. Should your child need any first aid medical attention you will be notified. We will also inform you if you child has banged/bumped their head. Should your child be allergic to plasters or any other form of first aid please inform a camp leader. In the event of an emergency you or an emergency contact will be notified straight away.

16 Camp leader contact details:

David Kinsella Phone: 0851000001 Email: <u>happycampers@cscns.ie</u>

17 Enrolment details:

We invite you to fill out the form Happy Campers Enrolment Form. To fill it out, please click <u>here</u>.